

**Sunday 7:00 pm**

Warner Memorial Presbyterian Church  
10123 Connecticut Ave., 2nd Floor, Library, Room #11  
Kensington, MD 20895  
Enter doors at corner of Connecticut & Washington  
**Format:** Recovery Literature Discussions / Mixed / Closed

**Sunday 7:00 pm**

St. Christopher's Episcopal Church  
116 Marydel Rd., Linthicum Heights, MD 21090  
Follow the signs. Enter through the second set of double glass doors. Usually is the room at the end of the hall. If not, take the elevator to 1st Floor and turn left  
**Format:** Topic / Mixed / Closed

**Sunday 7:30 pm "Into Action"**

St. Anne's Episcopal Church (Room 6)  
1700 Wainwright Dr., Reston, VA 20190  
**Format:** Step / Tradition / Closed / Mixed

**Sunday 7:30 pm "Solutions"**

St. Anne's Episcopal Church (Room 4)  
1700 Wainwright Dr., Reston, VA 20190  
**Format:** Voices of Recovery Mediation / Step / Tradition / Closed / Mixed

**Monday 7:00 am**

Calvary United Methodist Church-Upstairs; Classroom 2  
2315 Grant St., Arlington, VA 22202  
**Format:** Literature / Meditation / Closed / Mixed

**Monday Noon**

Calvary Baptist Church  
733 8th Street, NW, Library, Washington, DC (closed on Holidays); Press "O" on phone in lobby and ask for library.  
Library is on your left, through doors.  
**Format:** Step / Literature / Meditation / Mixed / Closed  
**Contact:** Steve S. 202-423-4487

**Monday 12:15 pm "Into Action Group"**

St Anne's Episcopal Church (Room 1)  
1700 Wainwright Dr., Reston, VA 20190  
**Format:** Step / Tradition / Topic / Closed / Men only

**Monday 6:30 pm "Promises"**

Church of the Redeemer (Brotherhood/Library room)  
5603 N. Charles St, Baltimore, MD 21210

**Format:** Speaker / Step / Topic / Mixed / Closed

**Monday 6:00-6:45 pm**

Center for Mindful Living (3rd Floor/Meditation Room)  
4708 Wisconsin Avenue NW, Washington DC 20016  
**Format:** Steps / Traditions / Topics / Mixed / Closed

**Monday 7:30 pm**

Hope Lutheran Church  
6201 Coventry Way, Clinton, MD 20735  
**Format:** 11<sup>th</sup> Step Meditation / Mixed / Closed

**Monday 7:30 pm**

All Hallows Brick Church (Church Offices, Back Bldg.)  
3604 Solomon's Island Rd., Edgewater, MD  
**Format:** Steps / Mixed / Closed

**Monday 7:30 pm**

Good Samaritan Presbyterian Church (Room in Basement)  
13025 Good Samaritan Dr., Waldorf, MD 20601  
**Format:** Step / Tradition / Topic / Mixed / Close

**Monday 7:45 pm**

Charlottesville, VA - Email for location  
SAAINCVILLE@OUTLOOK.COM  
**Format:** Topic / Step / Tradition / Mixed / Closed / English

**Monday 8:00 pm**

St Luke's United Methodist Church (Across from kitchen)  
7628 Leesburg Pike, Falls Church, VA 22043  
**Format:** Speaker / Step / Topic / Mixed / Closed

**Monday 8:00 pm**

Hope Lutheran Church  
6201 Coventry Way, Clinton MD 20735  
**Format:** Step / Tradition / Topic / Mixed / Closed

**Tuesday 6:30 pm**

Calvary United Methodist Church (Upstairs back room)  
2315 Grant St, Arlington, VA 22202  
**Format:** Literature / 1st Step / Mixed / Closed

**Tuesday 7:30 pm "Solutions"**

Fairfax Church of Christ (Room 201)  
3901 Rugby Rd., Fairfax, VA 22033  
**Format:** Step / Book Study / Men only / Closed

**Tuesday 8:00 pm "Conscious Contact"**

Advent Lutheran Church (Enter off gravel parking lot)  
2222 S. Arlington Ridge Rd., Arlington, VA 22202  
**Format:** Step / Book Study / Mixed / Closed

**Tuesday 8:00 pm "First Steppers"**

Woodside United Methodist Church (Meets downstairs in the Adult Bible Study Room)  
8900 Georgia Ave., Silver Spring, MD  
**Format:** Speaker / Step / Mixed / Closed

**Wednesday 6:30 pm - Women only**

Calvary Baptist Church  
733 8th St NW, Room G311, Washington, DC 20001  
Enter at 733 8th St. Dial 0 on the black phone in the lobby and say you are here for the 6:30 PM SAA Women's meeting. Confirm room # w/receptionist.  
**Format:** Topic / Closed / Women only

**Wednesday 7:00 pm**

Vienna Presbyterian Church  
124 Park Street NE, Room 203-204, Vienna VA 22180  
**Format:** Step / Tradition / Topic / Closed / Mixed

**Wednesday 7:00 pm**

Cornerstone Community Church  
2907 Mountain Rd, Joppa MD 21085  
**Format:** Topic / Steps / Speaker / Mixed / Closed

**Wednesday 7:30 pm**

St Stephen's Episcopal Church (Gathering Room" 3rd floor)  
115 N East St, Culpeper, VA 22701  
**Format:** SAA Literature / Closed / Men only  
**Contacts:** Dave W: daveinrecovery16@gmail.com or Charles G: charlesnrecovery@gmail.com

**Wednesday 7:30pm**

All Hallows Brick Church (Church Offices, Back Bldg.)  
3604 Solomon's Island Rd., Edgewater, MD  
**Format:** Topic / Steps / Mixed / Closed

**Wednesday 7:30pm**

Charlottesville, VA - Email for location  
SAAINCVILLE@OUTLOOK.COM  
**Format:** Topic / Step / Tradition / Mixed / Closed / English

**Wednesday 8:00pm "Into Action"**

Galilee United Methodist Church  
45438 Winding Rd., Sterling, VA 20165  
**Format:** Topic / Step / Speaker / Closed / Men Only

**Wednesday 8:00 pm**

St. Christopher's Episcopal Church  
116 Marydel Rd., Linthicum Heights, MD 21090  
Follow the signs. Enter through the second set of double glass doors. Usually is the room at the back of the hall. If not, take the elevator to 1st Floor and turn left  
**Format:** Topic / Mixed / Open

**Thursday 7:00 am**

Calvary United Methodist Church; Upstairs, Classroom 2  
2315 Grant St, Arlington, VA 22202  
**Format:** Meditation / Closed / Mixed

**Thursday 12:15 pm "Into Action"**

St Anne's Episcopal Church (Room 1)  
1700 Wainwright Dr., Reston, VA 20190  
**Format:** Step / Tradition / Topic / Closed / Men Only

**Thursday 7:30 pm "Crossroads"**

Church of the Word  
Up spiral staircase. Small room in middle of upstairs hallway.  
Note: Meeting is unfortunately not wheelchair accessible.  
7500 Logos Way, Gainesville, VA 20155  
**Format:** Step / Topic / Closed / Mixed

**Thursday 7:30 pm**

All Saints Episcopal Church  
18 Olive Ave, Rehoboth Beach, DE 19971  
Lower Level, Parish Hall  
**Format:** Step / Tradition / Book Study / Closed / Mixed

**Thursday 7:30 pm**

Good Samaritan Presbyterian Church (Room in Basement)  
13025 Good Samaritan Dr., Waldorf, MD 20601  
**Format:** Step / Tradition / Topic / Mixed / Closed

**Thursday 8:00 pm – "Recovery in Action"**

Greenbelt Step Club, 143 Centerway, Greenbelt, MD 20770  
**Format:** Step / Mixed / Closed / Topic / Tradition

#### **Thursday 8:00 pm**

St. Paul's United Methodist  
10401 Armory Ave (octagonal room), Kensington, MD 20895  
**Format:** Step / Mixed / Closed **Contact:** Tom S. 240.620.3804

#### **Thursday 8 pm "Solutions for Recovery"**

Calvary United Methodist Church (Meeting upstairs)  
2315 Grant St., Arlington, VA 22202  
**Format:** Step / Tradition / Topic / Mixed / Closed

#### **Friday 6:00 pm "Into Action"**

Galilee United Methodist Church (Room 1)  
45438 Winding Rd., Sterling, VA 20165  
**Format:** Topic / Step / Tradition / Closed / Mixed

#### **Friday 8:00 pm "Beginners"**

St. Luke's United Methodist Church (Class B1)  
7628 Leesburg Pike, Falls Church, VA 22043  
**Format:** Steps / Tradition / Topic / Mixed / Closed

#### **Friday 8:00 pm "Hope and Recovery"**

Church of the Redeemer (Women's Council Room)  
5603 North Charles St., Baltimore, MD 21210  
**Format:** Topic / Step / Tradition / Mixed / Closed

#### **Saturday 7:00 am "No Yawners"**

Advent Lutheran Church (Enter off gravel parking lot)  
2222 S. Arlington Ridge Rd., Arlington, VA 22202  
**Format:** Literature / Meditation / Mixed / Closed

#### **Saturday 7:00 am "Conscious Contact"**

Warner Memorial Presbyterian Church  
10123 Connecticut Ave., 2nd Floor, Library, Room #11  
Kensington, MD 20895  
Enter doors at corner of Connecticut & Washington  
**Format:** Big Book / Meditation / Mixed / Closed

#### **Saturday 7:30 am**

Trinity Lutheran Church (in Gymnasium)  
6600 Laurel Bowie Rd, Bowie, MD 20175  
**Format:** Steps / Tradition / Topic / Mixed / Closed

#### **Saturday 8:30 am**

Calvary United Methodist Church (Meeting upstairs)  
2315 Grant St., Arlington, VA 22202  
**Format:** Topic / Mixed / Closed

#### **Saturday 8:30 am - Women only**

Calvary United Methodist Church (Meeting upstairs)  
2315 Grant (23rd & Grant), Arlington, VA 22202  
**Format:** Women only / Closed  
**Contact:** DCSatWomenSAA@gmail.com

#### **Saturday 10:00 am "Nova SAA"**

Advent Lutheran Church  
2222 S. Arlington Ridge Rd. (at 23<sup>rd</sup>)  
Arlington, VA 22202  
(Enter rear doors off gravel parking lot)  
**Format:** Topic / Mixed / Closed  
**Contact:** Olin T. 703-864-5527

#### **Saturday 4:00 pm "Solutions"**

Vienna Presbyterian Church  
124 Park Street NE, Room 203-204, Vienna VA 22180  
**Format:** Step / Tradition / Topic / Closed / Mixed

## **DC Metro SAA Meetings**

***Northern Virginia, Maryland,  
Washington, D.C., and Delaware***

***From Shame to Grace***

**Meeting schedule also at  
[www.DCMetroSAA.org](http://www.DCMetroSAA.org)**

**March 9, 2020**

#### **Local Information**

Washington DC Area SAA Intergroup  
P.O. Box 25267, Arlington, VA 22202  
470-22-DCSAA (470-223-2722)  
[www.DCMetroSAA.org](http://www.DCMetroSAA.org)

#### **National and International Information**

International Service Organization (ISO) of SAA  
713-869-4902 or 1-800-477-8191 (toll free)  
[www.saa-recovery.org](http://www.saa-recovery.org)

#### **DC Metro Intergroup Business Meeting**

2nd Saturday of each month, 1:30 PM -3:00 PM  
Unity Club, 116 W. Broad St, Room #4  
Falls Church, VA 22046

## **The Program**

Sex Addicts Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other, so they may overcome their sexual addiction and help others recover from their sexual addiction or dependency.

Membership is open to all who share a desire to stop compulsive sexual behavior. There is no other requirement. Our common goals are to become sexually healthy and to help other sex addicts achieve freedom from compulsive sexual behavior.

S.A.A. is supported through voluntary contributions from members. We are not affiliated with any other twelve-step programs, nor are we part of any other organization. We do not support, endorse or oppose outside causes or issues.

Sex Addicts Anonymous is a spiritual program based on the principles and traditions of Alcoholics Anonymous. We are grateful to A.A. for this gift which makes our recovery possible.

#### **Key to Meetings:**

**Mixed:** Men and Women

**Closed:** Only those seeking their own sexual sobriety

**Open:** Addicts and non-addicts may attend

#### **Formats:**

**1<sup>st</sup> Step:** Opportunity for 1<sup>st</sup> Step presentations

**Step Meeting:** 12-step reading or discussion

**Topic Meeting:** Topic chosen by meeting leader

**1-2-3 Step Meeting:** Meeting focuses on the first three steps

**Meditation:** Includes a period of meditation